

NEWS RELEASE

NR#13-01

Fjordland President Tom Schroeter Presents "Mining in British Columbia and Yukon" at PDAC

Five Industry Experts Provide Insights on Successes, Challenges, and Opportunities in Canada's Leading Exploration and Mining Jurisdictions

Vancouver, B.C., February 18, 2013 – Fjordland Exploration Inc. (TSX-V: FEX) advises that president Tom Schroeter will present an overview of mining in BC and the Yukon at the PDAC March 4, 2013. The presentation, "BC and Yukon: Gateway to the Pacific – Can/Will Momentum be Sustained?" will highlight some of the opportunities, strengths and challenges facing the industry in two of Canada's most important mining jurisdictions that are attracting increasing investment from domestic and foreign companies. The presentation is part of PDAC's new technical session "Canada in 2013: A Cross-Country Check-up of Exploration and Development Successes and Potential Problems" that provides a "reality check" of the mining exploration business across Canada from an industry perspective.

The following important topics about the BC and Yukon exploration and mining industries will be covered:

- Overview of Major New Discoveries and Mines
- Transportation and Power Infrastructure: Existing, Proposed and Opportunities
- Land Claims: Key Issues and Challenges
- Global Warming's Effect on Exploration
- The Mining Manpower-Labour Market Mismatch
- The Impact of Foreign Direct Investment
- Environment/Permitting/Regulations: Successes and Challenges
- Taxation Incentives
- Public Awareness and Stakeholder Education
- "New" Discoveries vs "Old" Discoveries with New Names?
- The Effect of Changing Commodity Prices on Project Economics
- How the Outcome of the Upcoming BC Election Will Affect the Industry.

A copy of the presentation will be available on Fjordland's website after the PDAC.

British Columbia is a world-class centre for exploration and development. Half of Canada's proposed new mines (greater than 25) are in the province. Potential new mines and major mine expansions, totaling over 50 over the next five to six years, will require in excess of \$30 billion in capital expenditures and will create over 15,000 new jobs. More than 1,200 (65%) of Canadian exploration companies and 2,400 service companies are based in BC. Moreover, in 2012, companies operating in British Columbia raised approximately 40% (\$5.3 billion) of all Canadian exploration dollars, with projects in BC accounting for about 20% of exploration expenditures in Canada. Exploration spending during 2012 reached a record \$680 million. A full abstract of Tom Schroeter's talk is available at http://www.pdac.ca/pdac/conv/2013/pdf/ts/canada-schroeter.pdf.

Presentation Information

Date:	Monday, March 4, 2013
Time:	2 - 5 pm (BC/Yukon presentation by Tom Schroeter 4-4:30 pm)
Location:	Metro Toronto Convention Centre, Toronto, Ontario
Session Title:	"Canada in 2013: A Cross-Country Check-up of Exploration and Development Successes
	and Potential Problems".
Significance:	This is a new session aimed at providing a "reality check" of the industry across the country. The presentations are meant to have wide appeal to both Canadian and non-Canadian delegates.

About Tom Schroeter



Tom Schroeter is both a mining and geological engineer with over forty years experience related to the mining industry in Canada. Tom has established a reputation as one of the most respected and expert authorities on British Columbia's geology and mineral deposits. After working in the private sector with a variety of mining companies, he worked with the British Columbia Ministry of Energy, Mines and Petroleum Resources, based in Smithers and Vancouver, for nearly 35 years. Throughout his career. Tom has been highly involved in the industry including as a member of several mining associations and committees. In recognition of Tom's achievements and commitment to the industry, he has received numerous industry awards. Tom is President/CEO of Fjordland Exploration Inc., (TSX-V: FEX) Senior Technical Advisor of Consolidated Woodjam Copper Corp. (TSX-V: WCC), and a Director of AME BC (Association for Mineral Exploration BC). Further information on Tom Schroeter's background is available at: http://www.amebc.ca/about-us/Board-of-directorsdetailed/Tom-Schroeter.aspx.

About the PDAC

The Prospectors and Developers Association of Canada (PDAC) is a national association representing the mineral exploration and development industry with over 10,000 individual and corporate members. The 2013 PDAC Convention takes place March 3 - 6, 2013 at the Metro Toronto Convention Centre; last year, over 30,000 delegates from around the world attended the annual international convention and tradeshow. www.pdac.ca.

About Fjordland Exploration

Fjordland Exploration Inc. is a mineral exploration company focused on the discovery of gold, copper and molybdenum deposits in British Columbia. Fjordland currently has a portfolio with 24 properties. It has a 100% interest in 5 properties known as "Tak" totaling 42,851 ha in the Woodjam area of central BC. Fjordland has a 100% interest in two properties known as "Milligan" totaling 2,978 ha, adjoining Thompson Creek Metals Company Inc.'s (NYSE: TC and TSX: TCM) Mt. Milligan copper-gold deposits on the west. Fjordland and Serengeti Resources Inc. (TSX-V: SIR) are 35%/65% partners exploring 13 properties (QUEST Project) totaling 50,170 ha in the Quesnel Terrane north of Woodjam for precious and base metals. Six of the QUEST properties (totaling 27,690 ha) have been optioned to Xstrata Copper; the QUEST JV owns 100% of the remaining 7 properties totaling 22,480 ha. Fjordland has a 100% interest in 2 properties totaling 17,657 ha in the Iron Range in southeastern BC. Fjordland has an option to acquire a 100% interest in the Dillard and Dill copper and gold properties, north of Princeton. Fjordland's shares trade on the TSX Venture Exchange under the symbol "FEX". www.fjordlandex.com.

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