

NEWS RELEASE

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Fjordland and Sumac Announce 2013 Work Programs for Dillard Copper-Gold Property, Southern British Columbia

Vancouver, BC, May 28, 2013 – Fjordland Exploration Inc. (TSX-V: FEX) is pleased to announce the 2013 work and budget programs, estimated at \$800,000, for the Dillard porphyry copper-gold project located between Merritt and Princeton in southern BC. The programs will be staged, commencing with 37.3 line kilometres of ground induced polarization and magnetic surveys during June, 280 line-kilometres of high-resolution aeromagnetic and radiometric surveys in early July, followed by approximately 2,000 metres of diamond drilling in August. Drilling will test for additional mineralization, including possible depth extensions of mineralization in holes that bottomed in mineralization during Placer Dome's 1991 historic drilling program on the Dill (Primer South) property, as well as first-time testing of recently discovered copper mineralization at the Dillard East property. Fjordland is the operator of the programs.

Tom Schroeter, President and CEO of Fjordland states: "We are excited about this year's program – the first significant systematic exploration program on the combined properties since 1991. The area between Aspen Grove and Princeton is heating up, with several companies having announced drilling programs planned this season."

About Fjordland Exploration Inc.

Fjordland Exploration is a mineral exploration company focused on the discovery of gold, copper and molybdenum deposits in British Columbia. Fjordland currently has a portfolio of 25 properties. It has a 100% interest in 5 properties known as "Tak" totaling 43,486 ha situated near the Woodjam Property in the Cariboo region of central BC. Fjordland and Serengeti Resources Inc. (TSX-V: SIR) are (50/50) partners in the "Milligan West" property totaling 15,736 ha, adjoining Thompson Creek Metals Ltd's (NYSE: TC and TSX: TCM) Mt. Milligan copper-gold deposits. Fjordland and Serengeti Resources Inc. are 35%/65% partners exploring 10 precious and base metals properties ("QUEST" Project) totaling 49,753 ha in the Quesnel Terrane between Imperial Metals' Mount Polley Mine and Thompson Creek Metals' Mt. Milligan deposit. Xstrata Copper has one property under option from Fjordland and Serengeti under a separate "QUEST (Xstrata)" option agreement. Fjordland has a 100% interest in the "St. Mary's" property totaling 13,600 ha in the Iron Range in southeastern BC. Fjordland has options to acquire a 100% interest in the adjoining Dillard and Dill (collectively named "Dillard") copper and gold properties, located north of Princeton. Sumac Mines Ltd. has an option with Fjordland to acquire a 51% interest in the Dillard property. Fjordland's website at <u>www.fjordlandex.com</u>.

About Sumac Mines Ltd.

Sumac Mines Ltd. (Sumac) is a mineral exploration company based in Vancouver and a subsidiary of Sumitomo Metal Mining Co., Ltd. (SMM). Sumac has explored many copper projects in British Columbia since the early 1970s, resulting in the discovery of the Kutcho Creek deposit in the northern part of the province. Sumac is currently exploring for copper and gold in British Columbia and the Yukon. The parent company, SMM, is an integrated non-ferrous mining, smelting, refining and manufacturing company, headquartered in Tokyo, Japan. SMM operates the Hishikari gold mine in Japan and the Pogo gold mine in Alaska, and has invested in many large copper mines worldwide.

FJORDLAND EXPLORATION INC.

T.G. Schroeter, P.Eng./P.Geo., who is a qualified person within the context of National Instrument 43-101, has read and takes responsibility for this news release.

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