



TSX Venture Exchange: FEX
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NEWS RELEASE

NR#14-06

Fjordland Reports Retirement of President & CEO

Vancouver, BC, August 7, 2014 – Fjordland Exploration Inc. (TSX-V: [FEX](#)) (øFjordlandø or the øCompanyø) The Board of Directors reports the resignation of Thomas Schroeter as President, CEO and Director effective September 15, 2014.

An active and respected member of the Vancouver junior mining exploration industry, Mr. Schroeter has been President, CEO and Director of the Company since June 1, 2007. During that period, his outstanding knowledge, geological expertise and industry contacts have been tremendous assets. Mr. Schroeter was an integral member of the geological team that discovered the copper-gold deposits which constitute the Woodjam Project near Horsefly, British Columbia. Fjordland's interest in this project (and it's subsequent optioning to Goldfields) was distributed to Fjordland shareholders as shares in Consolidated Woodjam Copper Corp. in 2011. In May 2013 Goldfields filed a 43-101 compliant inferred resource of 227.5 mt grading 0.31% Cu for the Southeast Zone which is the largest of the 5 deposits discovered/delineated to date.

The Company would like to take this opportunity to thank Mr. Schroeter for his invaluable contribution during his years of service to the Company. We wish him all the best in his retirement.

Richard C. Atkinson has agreed to be appointed as interim President & CEO effective September 15, 2014.

About Fjordland Exploration Inc.

Fjordland Exploration Inc. is a mineral exploration company focused on the discovery of copper and gold deposits in British Columbia. Fjordland currently has a portfolio of 20 properties. It has a 100% interest in 6 properties known as øTakø totalling 38,826 hectares (ha) near the Woodjam property in the Cariboo region of central BC. Fjordland and Serengeti Resources Inc. are (50/50) partners in the øMilligan Westø project totalling 15,736 ha, adjoining Thompson Creek Metals Ltdø Mt. Milligan copper-gold mine which came into production in late 2013. Fjordland and Serengeti are 35%/65% partners exploring 8 precious and base metals properties (øQUESTø project) totalling 22,367 ha, in the Quesnel terrane between the Mount Polley and Mt. Milligan mines. Fjordland has a 100% interest in the St. Maryø property totalling 13,600 ha in the Iron Range area, southern BC. Fjordland has options to acquire a 100% interest in the adjoining Dillard and Dill (collectively named øDillardø) copper and gold properties totalling 2,592 ha. Fjordlandø shares trade on the TSX Venture Exchange under the symbol øFEXø. For further information visit Fjordlandø website at www.fjordlandex.com

On behalf of the Board of Directors,

“Richard C. Atkinson”

Richard C. Atkinson, Director

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